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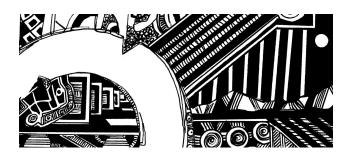
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INTRODUCTION

Improvisation is elegantly simple. It's compellingly complex. It's plain as day and mysterious as a dream. It's so easy to do that everyone does it all the time, yet so difficult to pin down that no one can say exactly how to do it. There are as many ways to improvise as there are improvisers.

The universe of improvised music is a universe of possibilities, not should's, must-be's, or have-to's. The purpose of this workbook is to encourage exploration of these possibilities by providing a practical way for everyone to explore improvisation.

I believe that no matter what our individual musical experience or goals are, becoming a more competent and aware improviser leads to a more joyful and fulfilling life!